## **RCH 2020 - Menus**

MONDAY

FRIDAY

## Grades K-5 Breakfast (NNC Sites)

MENUS ARE SUBJECT TO CHANGE

URSDA

3-2	3-3	3-4	3-5	3-6
Deluxe Cereal Bowl – <b>V, S</b>	Turkey Ham & Cheese on Hawaiian Roll	French Toast Trio – V	Beef Sausage Pancake Sandwich	Fiesta Bean & Cheese Burrito – V
Fruit– <b>S</b>	Fruit- <b>S</b>	Fruit – S	Fruit- <b>S</b>	Fruit– S
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Got Milk	Got Milk	Got Milk	Got Milk	Got Milk
3-9	3-10	3-11	3-12	3-13
Cinnamon Pan Dulce – V, S	Italian Cheese Pocket – ♥	Café LA Coffee Cake – <b>V, S</b>	Morning Beef Sausage Sandwich	Turkey Ham & Cheese on Hawaiian Roll
Fruit- S	Fruit – S	Fruit – <b>S</b>	Fruit- <b>S</b>	Fruit- <b>S</b>
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Got Milk	Got Milk	Got Milk	Got Milk	Got Milk
3-16	3-17	3-18	3-19	3-20
** Deluxe Cereal Bowl	Turkey Ham & Cheese on Hawaiian Roll	French Toast Trio – ♥	Beef Sausage Pancake Sandwich	Fiesta Bean & Cheese Burrito – ♥
Fruit- <b>S</b>	Fruit – S	Fruit – \$	Fruit- <b>S</b>	Fruit- \$
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Got Milk	Got Milk	Got Milk	Got Milk	Got Milk
3-23	3-24	3-25	3-26	3-27
Cinnamon Pan Dulce – <b>V, S</b>	Italian Cheese Pocket – ♥	Café LA Coffee Cake – <b>V, S</b>	Morning Beef Sausage Sandwich	Turkey Ham & Cheese on Hawaiian Roll
Fruit- <b>S</b>	Fruit – \$	Fruit – <b>S</b>	Fruit- S	Fruit- S
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Got Milk	Got Milk	Got Milk	Got Milk	Got Milk
3-30 Deluxe Cereal Bowl – <b>V, S</b> Fruit- <b>S</b> Fruit Juice Got Milk	3-31 Turkey Ham & Cheese on Hawaiian Roll Fruit – S Fruit Juice Got Milk			1

All of the Grain/Bread items served are Whole Grain Rich.

Posted 02/26/20

Visit us @ http://achieve.lausd.net/cafela

\*\* Deluxe Cereal Bowl Option (Shredded Wheat Blueberry Cereal) product contains gelatin derived from Pork.

For more information call (213) 241-6422

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Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free S: Items with an (S) can be saved for later V: Vegetarian items